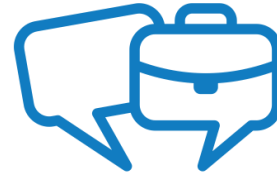


CES&L (Erasmus+) Project Launch



CES & L

Crafting Employability Strategies
for HE Students of Languages in Europe



Adaptation of an AHECS Employability Module for HE Languages Students



CES & L

Crafting Employability Strategies
for HE Students of Languages in Europe



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ADAPTATION OF AN AHECS EMPLOYABILITY MODULE FOR HE LANGUAGES STUDENTS

opening up career perspectives

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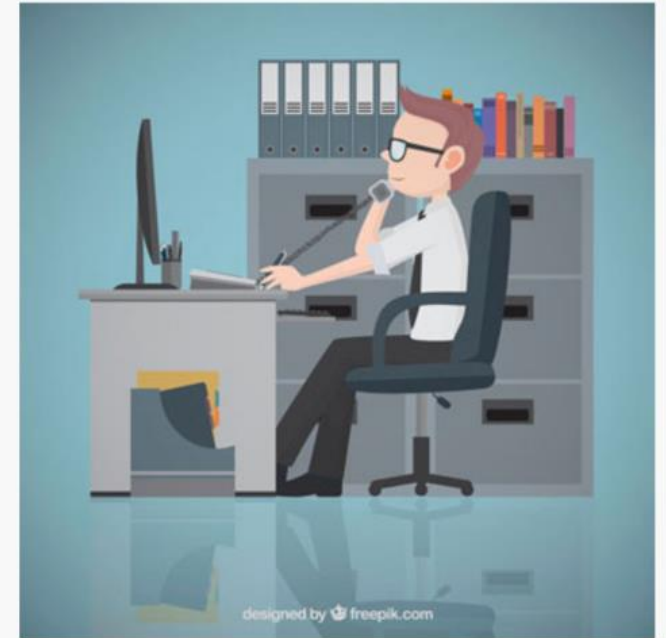
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Information Sheet A1

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Information Sheet A3

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Activity Sheet A1: Charting Your Lifeline

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Activity Sheet A2: Language biography

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Activity Sheet A3: My languages - cards in my hand

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Activity Sheet A4: Linking the case studies with my life

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Activity Sheet A5: My life and career now and in the future

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Activity Sheet A5: My life and career now and in the future

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Activity Sheet A4: Linking the case studies with my life

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Activity Sheet A3: My languages - cards in my hand

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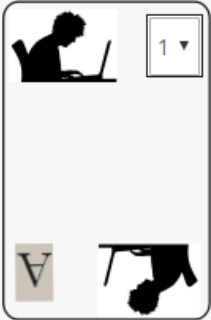
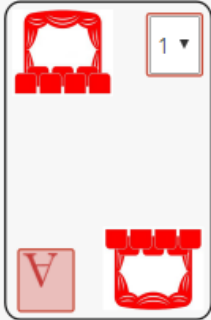

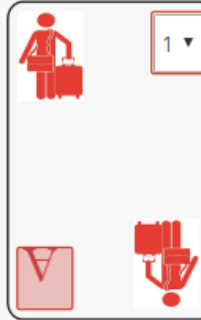
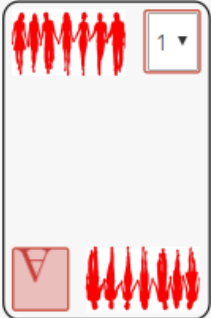

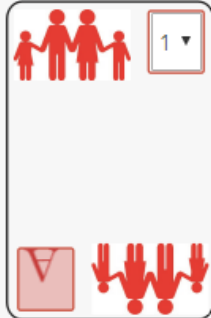

[Activity Sheet A2: Language biography](#) [Download](#) [View](#)
[Activity Sheet A3: My languages - cards in my hand](#) [Download](#) [View](#)

My languages – cards in my hand

Using your insight from the previous exercises, write in the cards representing the various aspects of your life, the languages that you use or find important.

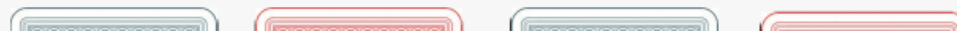
Then, in the box provided on the card, write a number from 1 to 5 to show how important for your career choice were the languages and contexts you have identified above.

(1=not important, 5=very important).

<p>Work</p> 	<p>Theatre/film/music</p> 	<p>Literature/press</p> 	<p>Travelling</p> 
<p>Socialising/friends</p> 	<p>Study</p> 	<p>Family</p> 	<p>Intercultural contacts</p> 

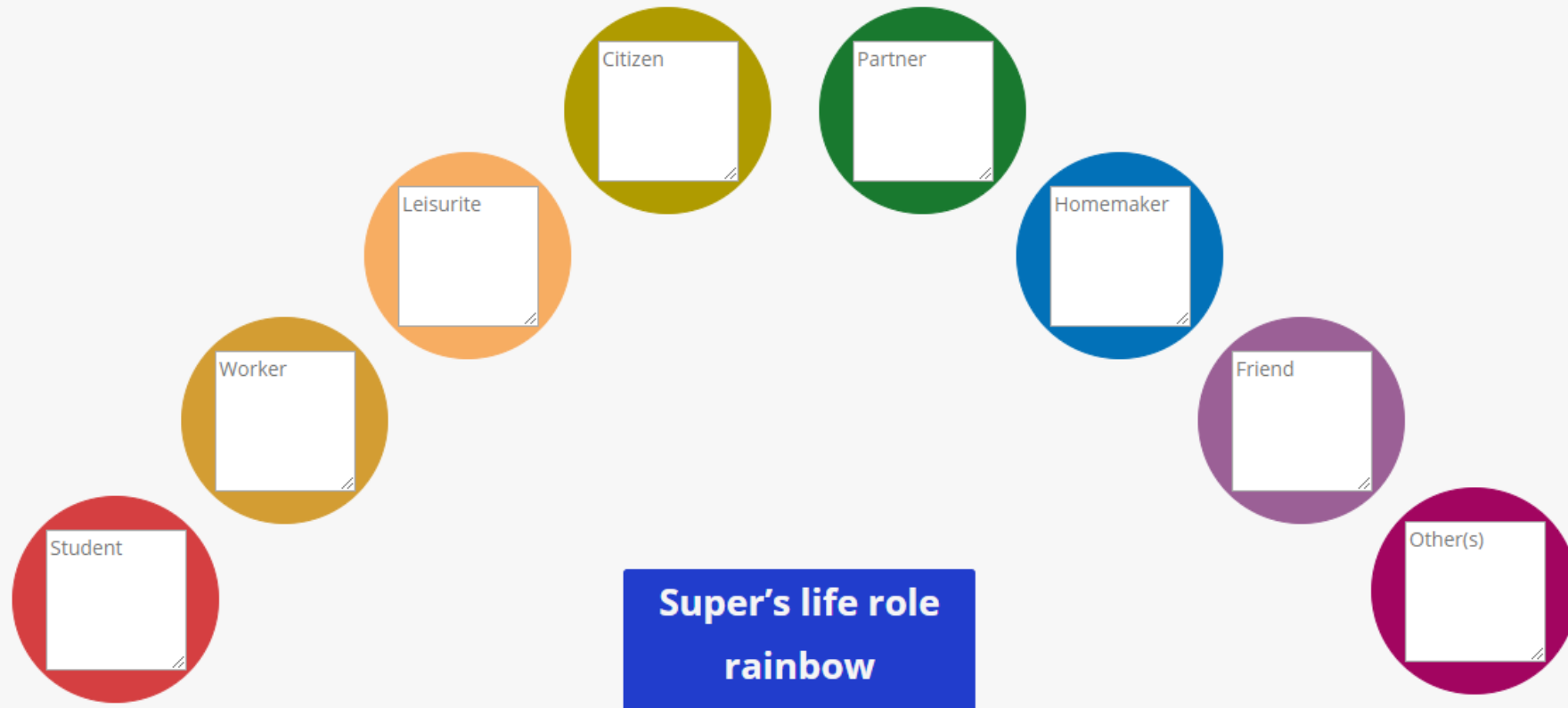
What other cards will you pick up in the future?

Think about languages you plan to learn and the contexts in which you will use them.

































[Information Sheet C3](#) [Download](#) [View](#)

[Activity Sheet C1: Identifying life roles and skills](#) [Download](#) [View](#)



[Activity Sheet C2: Assessing personal and key skills and competencies](#) [Download](#) [View](#)

[Activity Sheet C2: Assessing personal and key skills and competencies](#) [Download](#) [View](#)
[Activity Sheet C3: Common European Framework of Reference for Languages - Self-assessment grid](#) [Download](#) [View](#)

		A1 Basic User	A2 Basic User	B1 Independent User	B2 Independent User	C1 Proficient User	C2 Proficient User
Understanding	Listening						
	Reading						
Speaking	Spoken interaction						
	Spoken production						
Writing	Writing						

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Activity Sheet C3: Common European Framework of Reference for Languages - Self-assessment grid [Download](#) [View](#) ▼

Activity Sheet C4: Setting Goals [Download](#) [View](#) ▲

My Goal is:

Check:

1. Have I framed my goal in a positive way?
For example, "I will" rather than "I would like to".

2. Does the goal motivate me?
Why is this goal important? How would I convince someone else that is a worthwhile goal?

How SMART is my goal?

Specific – where exactly will this goal take me?

Measurable – how will I measure my progress towards and outcome of this goal?

Achievable – how will I measure my progress towards and outcome of this goal? Very easy Impossible

● 1 ● 2 ● 3 ● 4 ● 5 ● 6 ● 7 ● 8 ● 9 ● 10

Relevant – how easy does this goal relate to the direction I would like my career/life/studies to take?

Time limited – set a date by which time you will have achieved this goal.

ACTION PLANNING

Consider the steps you will need to take to achieve your goal and make an action plan with dates by which you will do these. (You may need more or less than 6 steps).

Step	Resource required	To be achieved by
<input style="width: 100%; height: 100%;" type="text"/>	<input style="width: 100%; height: 100%;" type="text"/>	<input style="width: 100%; height: 100%;" type="text"/>



<http://languages4work.eu/>